

Dulopair 20 Tablet

Duloxetine 20 mg Tablet: Overview and Important Information

Generic Name: Duloxetine

Brand Names: Cymbalta, Drizalma Sprinkle (among others)

Duloxetine is a serotonin-norepinephrine reuptake inhibitor (SNRI) commonly prescribed to treat various mental health and physical conditions.

Uses:

1. Mental Health:

- Major Depressive Disorder (MDD)
- Generalized Anxiety Disorder (GAD)

2. Pain Management:

- Neuropathic pain associated with diabetic peripheral neuropathy
- Fibromyalgia
- Chronic musculoskeletal pain (e.g., due to osteoarthritis or chronic lower back pain)

Dosage and Administration:

- **Typical Dose for Adults:**
 - Starting dose may vary; 20 mg once or twice daily may be prescribed based on the condition being treated and patient response.
- **Administration:**
 - Take orally, with or without food.
 - Swallow the tablet whole; do not crush, chew, or split.

Note: Dosage may be adjusted based on individual needs and tolerability.

Mechanism of Action:

Duloxetine increases levels of serotonin and norepinephrine in the brain, which helps regulate mood and alleviate pain perception.

Common Side Effects:

- Nausea
- Dry mouth
- Fatigue
- Dizziness
- Insomnia
- Constipation

Precautions:

1. **Allergies:** Avoid if you are allergic to Duloxetine or any inactive ingredients in the formulation.
2. **Conditions to Discuss with Your Doctor:**
 - Liver or kidney disease
 - History of seizures or epilepsy
 - Bipolar disorder
 - Glaucoma
3. **Interactions:** Inform your doctor about all medications, supplements, or herbal products you are taking, particularly:
 - Monoamine oxidase inhibitors (MAOIs)
 - Blood thinners (e.g., warfarin)
 - NSAIDs
4. **Pregnancy and Breastfeeding:** Discuss potential risks with your healthcare provider.

Warnings:

- **Suicidal Thoughts:** Monitor for mood changes or suicidal thoughts, especially in younger patients.
- **Serotonin Syndrome:** Can occur when combined with other serotonergic drugs (e.g., SSRIs, triptans, MAOIs).
- **Withdrawal Symptoms:** Do not stop abruptly; taper off under medical supervision.

Storage:

- Keep at room temperature (20-25°C or 68-77°F).
- Store in a dry place away from moisture and heat.

Disclaimer: This information is for educational purposes only and not a substitute for professional medical advice. Always consult your healthcare provider for personalized guidance.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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